MASTER GROCERY LIST

FRUITS

- Bananas
- Apples
- Oranges
- Mangoes
- Strawberries
- Blueberries
- Apricots
- Avocados
- Cherries
- Grapefruit
- Grapes
- Kiwi
- Lemons
- Limes
- Melons
- Nectarines
- Oranges
- Papaya
- Peaches
- Pears
- Plums
- Pomegranate
- Watermelon

VEGETABLES

- Artichokes
- Asparagus
- Basil
- Beets
- Broccolli
- Cabbage
- Carrots
- Cauliflower
- Celery
- Chiles
- Chives
- Cilantro
- Corn
- Cucumbers
- Eggplant
- Garlic cloves
- Green onions
- Lettuce
- Onions
- Peppers
- Potatoes
- Salad greens
- Spinach
- Sprouts
- Squash
- Tomatoes
- Zucchini

BREAKFAST

- Cereal
- Grits
- Oatmeal
- Pancake mix
- Instant breakfast
- Maple Syrup

MEAT

- Bacon
- Chicken
- Deli meat
- Ground beef
- Ground turkey
- Hot dogs
- Pork
- Sausage
- Steak
- Turkey

SEAFOOD

- Cod
- Crab
- Halibut
- Lobster
- Oysters
- Salmon
- Shrimp
- Tilapia
- Clams

FROZEN

- Peas
- Corn
- French Fries
- Hashbrowns
- Ice-cream
- Fish fillets
- Bread
- Pizza
- Sausage links
- Chicken Breasts
- Fish sticks
- Frozen Dinners
- Chicken Nuggets
- Burgers
- Popsicles
- Green Beans
- Waffles
- Desserts

BABY

- Baby cereal
- Baby food
- Diapers
- Diaper cream Wipes
- Formula

PETS

- Cat food
- Cat litterbox
- Dog food
- Shampoo
- Treats
- Flea treatment

BAKING

- Baking powder
- Baking soda
- Bread crumbs
- Brownie mix
- Cake decorations
- Cake mix
- Canned milk
- Chocolate chips
- Cocoa
- Cornmeal
- Cornstarch
- Flour
- Food coloring
- Frosting
- Muffin mix
- Pie crust
- Shortening
- Sugar(brown)
- Sugar(powdered)
- Sugar
- Yeast

SNACKS

- Candy
- Cookies
- Corn chips
- Crackers
- Dried Fruit
- Fruit snacks
- Gelatin
- Graham Crackers
- Granola bars
- Gum
- Nuts
- Popcorn
- Potato Chips
- Pretzels
- Pudding
- Raisins
- Seeds
- Tortilla chips

BAKERY

- Bagels
- Bread
- Donuts
- Cake
- Cookies
- Croutons
- Dinner rolls
- Hamburger buns
- Hot dog buns
- Muffins
- Pastries
- Pie
- Pita bread
- Tortillas(corn)
- Tortillas(flour)

PASTA & GRAIN

- Brown rice
- White rice
- Burger helper
- Couscous
- Macaroni
- Lasagna
- Lentils/dried beans
- Mac & cheese
- Egg Noodles
- Pasta
- Rice mix
- Spaghetti
- Dried peas

CANS & JARS

- Applesauce
- Baked beans
- Black beans
- Broth
- Bouillon cubes
- Canned tuna
- Canned fruit
- Peas
- Chilli
- Corn
- Green beans
- Creamed corn
- Jam/Jelly
- Mushrooms
- Olives(green)
- Olives(black)
- Pasta sauce
- Peanut butter
- Pickles
- Pie filling
- Soup
- Hot peppers

REFRIGERATED

- Biscuits
- Butter
- Margarine
- Cheddar cheese
- Cream
- Cream cheese
- Dip
- Eggs
- Egg substitute
- Feta cheese
- Half & half
- Jack cheese
- Milk
- Mozarella
- Shredded cheese
- Sour cream
- Swiss cheese
- Whipped cream
- Yogurt
- Almond milk

SEASONING

- Basil
- Bay leaves
- BBQ seasoning
- Cinnamon
- Cloves
- Cumin
- Curry
- Dill
- Garlic powder
- Garlic salt
- Gravy mix
- Italian seasoning
- Marinade
- Meat tenderizer
- Oregano
- Paprika
- Pepper
- Flax seed
- Red pepper
- Sage
- Salt
- Seasoned salt
- Soup mix
- Vanilla extract

CONDIMENT

- BBQ sauce
- Catsup
- Cocktail
- sauce Cooking
- spray Honey
- Horseradish
- Hot sauce
- Mayonnaise
- Mustard
- Olive oil
- Relish
- Salad
- Dressing Salsa
- Soy sauce
- Steak sauce
- Sweet & sour
- Teriyaki
- Vegetable oil
- Vinegar

BEVERAGES

- Beer
- Champagne
- Club soda
- Coffee
- Diet soda
- Energy drinks
- Juice
- Liquor
- Soft drinks
- Tea
- Wine
- Bottled Water

PAPER PRODUCTS

- Aluminium foil
- Coffee filters
- Cups
- Garbage bags
- Napkins
- Paper plates
- Paper towels
- Plastic bags
- Plastic cutlery
- Plastic wrap
- Waxed paper

CLEANING SUPPLY

- Air freshener
- Bleach
- Dish soap
- Dishwasher detergent
- Dryer sheets
- Fabric softener
- Food cleaner
- Glass spray
- Laundry soap
- Polish
- Sponges

PERSONAL CARE

- Bath soap
- Bug repellent
- Conditioner
- Cotton swabs
- Dental floss
- Deodorant
- Facial tissue
- Family planning
- Feminine products
- Hair spray
- Hand soap
- Lip care
- Lotion
- Makeup
- Mouthwash
- Razors/blades
- Shampoo
- Shaving cream
- Sunscreen
- Toilet tissue
- Toothbrush
- Toothpaste
- Rubbing Alcohol
- Bandaids
- Antacids
- Pain Relief

MISC. ITEMS

- Batteries
- Charcoal
- Light bulbs
- Greeting cards
- Gift Wrap